

**Magyar Pszichiátriai Társaság IX. Nemzeti Kongresszus
Debrecen
2018. január 24 – 27.**

Pre-congress Szimpózium

**POSTTRAUMATIC STRESS DISORDER HEALING
World Association for Psychosocial Rehabilitation
Hungarian Branch**

**24. January 2018. Debrecen
Kölcsey Center**

The PTSD is epidemic disorder in this XXIst Century. As the World Association for Psychosocial Rehabilitation's mission is to treat and support the people, who are suffered by so many reasons. We decided to deal with many aspects of solution.

In 1998 there was a PTSD congress in Vienna, and according to the estimation of Zohar et al..., the occurrence of a trauma can be in one third of population in the society once in the life of person, but only 10-20% will have PTSD.

The diagnosis of PTSD as separated entity was realized after the Vietnam war because of the symptoms of the survivor soldiers, as anxiety, sleep disturbances, tiredness, nightmares.

The syndrome's reason can be very different. as serious emotional trauma, sexual abuse or rape, big fire in a big building, car accident, natural catastrophe, survival of kidnapping, and among little children medical painful interventions.

Nowadays in this changing world we must mention the socially inherited answer forms of PTSD, what appears in the second, third generation of the event survivors, so the survivors of concentration camps, or in the case of Hungarians because of Trianon, when Hungary lost 2/3 part of the country with 2/3 part of population. These are transgeneration losses. The symptoms could be depression, anxiety, could have sleep disturbances, panic reactions, vegetative symptoms, loss or diminished cognitive functions, etc...In extreme situation there is aggressivity, suicide ideas or can commit suicide

The new danger is the great migration in the world, what will be followed by the loss of personal,, cultural identity of nations.

Our mission is to recognize the PTSD in the background, and to find the best means to treat and support the people by spiritual way, what can be their healing and recovery.

Program

Chair: Ricardo Guinea (President of WAPR)

Ida Kosza (Board Member of WAPR)

1. Ricardo Guinea:

Psychosocial Rehabilitation, PTSD, hot topic

2. Zebulon Taintor:

(Professor of New York University)

**PTSD: Diagnostic Controversies, Natural History and
Biopsychosocial Treatment Approaches**

3. Ede Frecska:

(Director of Psychiatric Clinic, Debrecen)

Treatment of PTSD with alternative methods

4. Györgyi Szilágyi, András Györbíró, Drs. Judit C. Gombik:

Professor of Sociology, and Assistant

Partium Christian University, Nagyvárad (Oradea)

**The potential role of social-economic factors
in the process of PTSD healing.**

5. Shahid Quraishi

6. Ida Kosza:

(President of Hungarian Branch of WAPR)

PTSD as transgeneration hurt.

Előzetes részvételi jelentkezés:

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A rendezvényen a részvétel ingyenes.